

Sponsored by



HAUSER LAKE  
WATERSHED COALITION

# HAUSER 10K ICE BREAKER

## SUNDAY, APRIL 1, 2012 10:00 AM - 11:30 AM

The Hauser 10K Ice Breaker is a Bloomsday Second Seed qualifying race.

USA Track & Field Certification code: ID09004DCR

For Bloomsday seeding details see the Bloomsday website

<http://www.bloomsdayrun.org/SecondSeeding.htm?a>

**REGISTRATION DEADLINE: MARCH 24th \$18.00 (Includes shirt) \$10.00 (No shirt)**  
Late registration after March 24th add \$5.00. Late Registrations Accepted @ 9:00AM April 1<sup>st</sup> @ race site

**PACKET PICK UP:** 9:00 AM race day at the Hauser Lake Pavilion 100 feet E. of starting line.

**AGE GROUPS** 13 – 19 / 20 – 29 / 30 – 39 / 40 – 49 / 50 – 59 / 60 – 69 / 70+ / Wheelchair

**AWARDS:** 1st, 2nd, 3rd place female and male participants in each age group will receive certificates.

**LOCATION: Hauser, Idaho.** The Hauser Lake 10K Ice Breaker will occupy the inside lane (lake side) of Hauser Lake Road and Cliff House Road. This lane will be monitored by volunteers from 10:00 AM -11:30 AM race day. The race will start at 10:00 AM at the south end boat launch behind the Hauser Fire Station.

Questions? Call Jonell DesMarais @ 208-773-0911 or John Wallis @ 208-660-4213  
or visit our website at [www.hauserwatershed.org](http://www.hauserwatershed.org)

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**Indicate Shirt Size:** Men's XL \_\_\_ Large \_\_\_ Medium \_\_\_ Small \_\_\_ Youth \_\_\_

**Name** (please print): \_\_\_\_\_ **M** **F**  
First Last Gender Male or Female

**Address:** \_\_\_\_\_  
Street City State Zip

**Contact Info:** \_\_\_\_\_ ( ) \_\_\_\_\_  
email address (for notification of receipt of registration) Phone number

**AGE GROUP** (circle one) 13 – 19 / 20 – 29 / 30 – 39 / 40 – 49 / 50 – 59 / 60 – 69 / 70+ / Wheelchair

**THE SMALL PRINT:** I hereby acknowledge and understand that running a road race is a potentially hazardous activity. I also understand that I should not enter and run unless I am medically able and properly trained. I know that there will be traffic on this course route. I assume the risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including temperature and humidity, and the conditions of the road and raceway, all such risks being known and appreciated by me. I assume the risk of wearing any type of headset, which is strongly not recommended by race officials. Knowing these facts and in consideration of you accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive release, and discharge Hauser Lake Watershed Coalition, City of Hauser, Post Falls Highway District, race officials, race volunteers, and all sponsors including their agents and employees from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in this event. **This RELEASE and WAIVER extends to all claims of every kind or nature whatsoever, foreseen, known or unknown. Applications for minors will be accepted only with parent's signature.**

Please Mail This Registration and  
Make Checks Payable to:  
**Hauser Lake Watershed Coalition**  
P.O. Box 2196  
Post Falls, ID. 83877

\_\_\_\_\_  
Signature (or Signature of Parent/Guardian if participant is under 18 years old)